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Revised 6/3/09



American Masters Martial Arts

amma-inc.com



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LEWISVILLE — 407 HWY/ FLOWER MOUND & HIGHLAND VILLAGE 972-434-0500					
5:30 AM Adults 5:30 PM Family 6:45 PM Adults	5:00 PM Tigers 5:30 PM White - Red 6:45 PM Advanced Red, Brown & Black	5:30 PM Kids Sparring 6:45 PM Adult Sparring	5:00 PM Tigers 5:30 PM Family 6:45 PM Adults	5:30 AM Adults Private Class & Seminars	9:00 AM Tigers 9:00 AM ALL AGES & ALL BELT RANKS
CORINTH & HICKORY CREEK 940-498-5425					
5:00 PM Tigers 5:30 PM Kids 6:45 PM Adults 6:45 PM ADVANCED Red, Brown &	5:30 PM Kids 6:45 PM Adults	5:00 PM Tigers 5:30 PM Kids	5:30 PM Kids Sparring 6:45 PM	Private Class & Seminars	9:00 AM Tigers 9:00 AM ALL AGES &

Black		6:45 PM Adults	Adult Sparring		ALL BELT RANKS
8:00 PM TAI CHI					
AUBREY , PROVIDENCE & SAVANNAH 940-765-1199 WWW.TALONMARTIALARTS.COM					
8:30 am Boot Camp 4:45 pm Kung Fu 5:20 pm Tai Chi KARATE 6:00 pm Kids 7:00 pm Adults Aerobick Kickboxing 6:00 pm 7:00 pm	8:30 am Boot Camp KARATE 5:30 pm White Belts 6:00 pm Kids 7:00 pm Adults Aerobick Kickboxing 6:00 pm 7:00 pm	8:30 am Boot Camp 4:45 pm Kung Fu 5:20 pm Tai Chi KARATE 5:30 pm Yellow Belts 6:00 pm Kids 7:00 pm Adults Aerobick Kickboxing 6:00 pm 7:00 pm	8:30 am Boot Camp KARATE 5:30 White Belts 6:00 pm Family Karate 7:00 pm Adults Aerobick Kickboxing 6:00 pm 7:00 pm	Private Class & Seminars	7:30 am Boot Camp KARATE 9:00 am Tiger Beginner 9:00 am Tiger Advanced 9:00 am Faimily Class 10:00 am Family Sparring
PROSPER 469-223-6026 WWW.TALONMARTIALARTS.COM					
.	6:00 pm Kids 7:00 pm Adults	.	6:00 pm Kids 7:00 pm Adults	.	.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Be Polite	Be Patient	Be Alert	Be Brave	Do Your Best	Respect Yourself & Others
Kids Ages 5–11 Adults Ages 12 & above			Focus Your EYES	Focus Your MIND	Focus Your BODY
PARENTS: Reminder - 10 Minute Rule: Please do not drop you children off any earlier than 10 min. before class, and pick them up no later than 10 min. after class.					
THANK YOU! AMMA STAFF.					

